

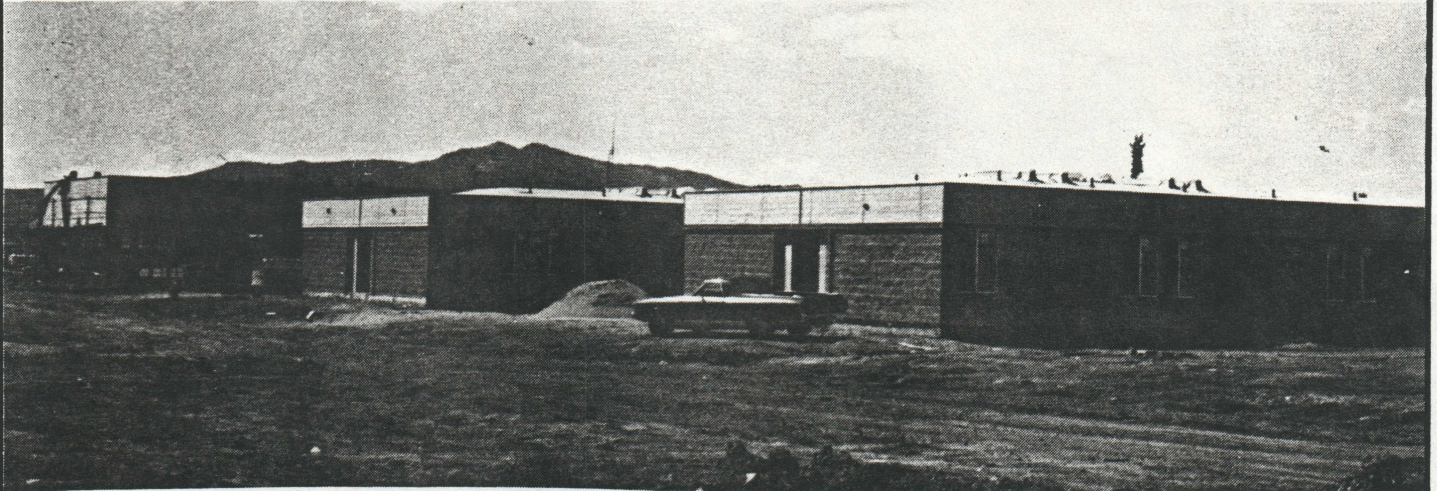
I-M-H NEWSLETTER

MAY 1976

17th EDITION

FAIRFIELD, CALIFORNIA

CONSTRUCTION OF NEW INTERCOMMUNITY MEMORIAL HOSPITAL IS 3 WEEKS AHEAD OF SCHEDULE



The new 1.3 million dollar hospital is rapidly taking shape. Due to the good weather and efficient supervision by the contractors, and barring unforeseen impediments, the date of completion has been set for March 1977.

The outstanding features of the new facility will include a new

enlarged Emergency Room.

There will be a new Surgery Suite with four Operating Rooms, compared with the present two in the existing building. A post operative Recovery Room will accommodate eight patients.

The new Intensive Care Unit (ICU) and Coronary Care Unit (CCU)

will contain 12 beds.

An Employee's Cafeteria will be included in the existing hospital.

The Careage Corporation, the Hospital's Architects, have designed the new structure so that expansion of the new facility can be made as demand for hospital service increases with the future growth of the area.

ADMINISTRATOR'S MESSAGE . . .

The Annual Meeting of the Foundation was held at the hospital on February 23, 1976. At this time JAMES HOPKINS and GEORGE TOMASINI were elected to three-year terms as Directors of the Central Solano County Hospital Foundation, owner and operator of Intercommunity Memorial Hospital.



B. GALE WILSON and HAROLD HELBOCK, M.D. were re-elected to complete the filling of the four open Director's positions.

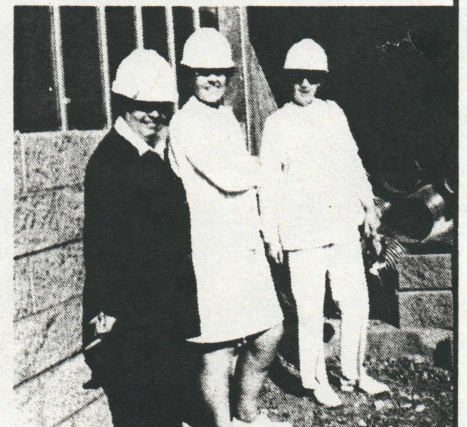
Other members of the Board of Directors are Nathaniel Richman, Martha Orr, John E. Parkinson, M.D., Charles Quinn, R.C. Werner, William H. Peniston, M.D. and W. Morris Dally.

Retiring Board Members were J. Howard Rogers and W.C. Robbins, Jr.

Officers of the Board of Directors were elected at the regular February Board Meeting which are as follows: B. Gale Wilson, President; Nathaniel Richman, Vice President; Martha Orr, Secretary; R.C. Werner, Treasurer.

Individuals who had become Hospital Foundation Members and were thereby eligible to vote for for Hospital Directors were persons who had donated to the original building fund drive and persons who have donated \$100 or more to the present Building Fund and were approved by the Board prior to the February meeting. This included forty-eight employees since the present drive began, of which a record eleven were present.

SIDEWALK SUPERINTENDENTS



Mrs. NADINE STAFFORD, Purchasing; Mrs. PHYLLIS CRAIG, R.N., Head Nurse of Surgical Ward and Mrs. LYDIA LINDERMAN, R.N. don hard hats to do some surveying of the construction site.

It is mandatory that hard hats be obtained before entering the construction area.

TWO EMPLOYEES JOIN THE DISCHARGE PLANNING/ MEDICAL SOCIAL SERVICE STAFF . . .

Out of a cloud of dust appeared a horse . . . YEP! and as the rider tied his horse to Skip's Zebra stripped pole . . . Ray stepped by just to see the doors swing open and our cowboy in his size 12 boots, walk in, down the hall and right into our hearts. YEP! that's the way it all happened . . . Ole Roger (George) had arrived. It really was an error on his part (he thought the hospital was a half-way house for mixed up cowboys). Seems due to modern progress he was going through the "Psychological Withdrawal Symptoms" of giving up his horse for a machine-run vehicle. Well, he ambulated into Discharge Planning . . . And Mrs. Jeanette Werthman mistook him for an applicant applying for the position of secretary . . . that's the way it happened. No, you don't requisition one of these from Madeline, seems she has had many requests though.



Now, back to Roger and his horse. He traded it in on a Fiat which took him down the road, turned over and burned up. We all know the story and are thankful that Roger was unharmed . . . but can you picture him climbing out the window of a little Fiat? Heard he is out looking for another horse.

Roger works as a "Patient Coordinator", assisting Jeanette Werthman. He was born in New York City, is a graduate of Long Island City High School and the University of North Dakota School Academy of Aeronautics. He is presently majoring in Psychology at U.C. Davis. Roger served in the USAF from 1953 to 1973 and flew for Strategic Air Command as a Navigator. He presently resides in Vacaville.

Roger has been most enthusiastic in helping to implement services and broadening our program in helping with patients. He has excellent qualifications but his greatest asset is his caring about and wanting to help people. We are now meeting patients soon after admission. Discharge planning is begun earlier in the patient's hospital stay and referrals to specific services within the community are made available to those who may have a particular need.

Another welcome addition to the staff of the Discharge Planning Department is Ms. Vicki Boyd, who has the position of part-time clerk.



Vicki is very much a service-oriented individual, working on the weekends as a Red Cross Volunteer in the Emergency Department at Travis. She is enrolled in the Nursing Program at Solano Community College, and will begin her studies there in the fall of next year.

She has already completed two years at S.C.C. including a course in Medical Terminology and for the past 4 years has worked as a Water Safety Instructor and Lifeguard at the city pools.

An interesting, vibrant person, Vicki enjoys working in the Social Services Department at I.M.H. and finds it a gratifying experience which contributes to her nursing career.

Vicki presently lives with her family in Suisun.

When change is successful . . . we look back and call it growth.

Experience is what you get when you were expecting something else.

NEW INSERVICE SECRETARY . . .



NANCY DROVDAL, Secretary in the Inservice Department, comes to I.M.H. from several years of travelling throughout Europe and the Middle East. She studied herbology, nutrition, and Eastern philosophies while living in countries where sophisticated medical technology is virtually non-existent. A vegetarian and devotee of Hatha Yoga, Nancy believes that a healthy diet for the body and meditation for the mind can have dramatically positive effects on an individual's sense of well-being and ability to direct one's own life. She hopes to utilize her experiences in her new job at I.M.H.

A native Californian, Nancy spent five years at San Jose State University majoring in psychology and philosophy. She now lives in Suisun with a friend, three dogs, two cats and several rose bushes.

Nancy will also be Assisting Editor of I.M.H. Newsletter.



NEWS BRIEF . . .

ANGIE BELLEFLEUR, Medical Record Transcriber, became Mrs. CRAIG McKEE on February 28, 1976.



DEPARTMENT HEAD . . .

HAZEL FREEMAN is Dietary Department Head. She is fulfilling the position left vacant by Mrs. NELL WARRICK, who had to resign because of illness.



VOLUNTEER 18,064 $\frac{1}{4}$ HOURS OF SERVICE ...

"PINK ANGELS" is a very befitting name for this group of organized ladies who volunteer their time, talent, strength and love without thought of monetary reward.

The Guild is many things to many people. To the patient, the Guild is a friendly face that visits daily. She delivers mail, waters their plants, provides a mobile library service, and brings comfort and cheer to the ill and lonely.

To the Nursing Staff, the Guild is that extra hand that is always needed to provide non-professional services, and to give tender loving care to those in need. They are constantly seeking ways in which they might extend their service to relieve the Nursing Staff for more professional duties. Taking patients to X-Ray, feeding patients, passing trays, and taking phones to them are but a few of the services the Guild renders.

The hospital is a special place where active members volunteer a certain number of in-service hours each year, devoting this time to bring cheer to the patients. Many out-service hours are spent in fund raising events, promoting Irwin Memorial Blood Bank, Thrift Shop sales, etc. The total Guild Volunteer Hours for the year 1975 and the Grand Total Accumulated Hours since 1960 are as follows:

	1975	Since 1960
In-Service	631 $\frac{1}{4}$	3,994
Out-Service	1,579 $\frac{1}{2}$	14,070 $\frac{1}{4}$
TOTAL	2,210 $\frac{3}{4}$	18,064 $\frac{1}{4}$

At the Award Banquet held on March 4th, recognition for 50 or more In-Service Hours served in 1975 was given to: Carol Landsman, Grace Ledger, Christine Black, Barbara Walters, Mabel Loney, Musette Hollar, Connie Golden, Priscilla Kershlis, Arleen McConnell, Joyce Megeson, Yettah Torp, Eva Olson, Shirley Root, Margaret Ragsdale and Marion Newkirk.

Also Evelyn Williams, Betty MacKenzie, Rose Grant, Denise Elliott, Flo Samples, Barbara Lane, Louise Palestini, Pearl Schlorf, Virginia White, Lois Makinster, Evelyn Tomberlin, Wanda Boyette, Mary Tooby, Louise Wenger, Martha Orr, Julia Zorn, Frances Rotz, Frances Tortosa, Juanita Tomasini and Peggy Foxman.

Six ladies received certificates for serving 100 hours or more were: Maureen Bearden, Flo Samples, Carol Landsman, Evelyn Tomberlin, Gloria Montandon & Frances Tortosa.

Seven ladies were awarded the 500 hour pin. They are: Louise Hancock, Musette Hollar, Bea Kincaid, Jean Krause, Evelyn Tomberlin, Louise Wenger and Virginia White.

The 1000 hour pin was presented to: Kathryn Jamison, Margaret Kelly, Louise Palestini, Phyllis Lucas, Grace Ledger and Betty MacKenzie.

Christine Black, Lois Makinster and Yettah Torp were presented 2000 hour pins. Margaret Ragsdale was presented a 4000 hour pin, and Wanda Boyette was presented the 5000 hour pin.

THE 10,000 HOUR PIN WAS AWARDED TO MABEL LONEY...



A Guild member truly deserving of a Special Tribute and Thanks from us all. She has given our hospital and community an unbelievable 10,140 hours of her time. Beginning even before the present hospital was in existence.

For you math wizards, that boils down to approximately 4 years of service, an amazing total by any standards, and especially wonderful when we remember that Mrs. Loney, along with all of the Guild Volunteers, donates her time and efforts without thought of monetary recompense.

MABEL, YOU ARE AN INSPIRATION TO US ALL! Our heart felt thanks and appreciation are abundantly yours.

Each of the Guild's aims and objectives are higher and more all-encompassing. They work diligently to accomplish their goals and their continued contribution to the hospital and community is truly inestimable. Surely they have been inspired by the words of Stephen Grellet, the French-born Quaker who died in 1855. Grellet would be unknown today except for a few lines which made him immortal.

"I SHALL PASS THROUGH THIS WORLD BUT ONCE. ANY GOOD THAT I CAN DO, OR ANY KINDNESS THAT I CAN SHOW ANY HUMAN BEING, LET ME DO IT NOW AND NOT DEFER IT. FOR I SHALL NOT PASS THIS WAY AGAIN."

FREDA HOSKINS RESIGNS AFTER 10 YEARS ...

There were many smiles and regrets on April 29th, when Mrs. FREDA HOSKINS was honored at a Retirement Party by IMH Staff. She was presented with a money tree and a tote bag.

Freda's congeniality, excellent patient care, and concern for people gave her profession as a Registered Nurse a "Human Touch", and she will be long remembered by those with whom she worked and served.

Freda is moving to Porterville, California where she previously lived and worked as a Registered Nurse for several years.

THEY COME AND THEY GO ...

SKIP GILBERT, who joined our staff approximately 3 months ago as Maintenance Engineer, is resigning so as to accept a position in his field of electronics. There has been some noticeable changes during his short employment here. The IMH Staff wishes him the best of luck in his new position.



ALL PROGRAMS HELD IN MAIN DINING ROOM
UNLESS OTHERWISE NOTED.

MONDAY – MAY 10

* CPR Certification Class – 9-11:30 a.m.

TUESDAY – MAY 11

“Body Mechanics & Patient Transfer”

by Gerrie Morrison

1:30 – 2:15 p.m.

2:30 – 3:15 p.m.

Place To Be Announced

* CPR Certification Class – 7-9 p.m.

WEDNESDAY – MAY 12

Film – “Professionalism in I.V. Therapy”

10 – 10:45 a.m.

2:15 – 3:00 p.m.

THURSDAY – MAY 13

Film – “The Role of the Nurse in Infection Control”

10 – 10:30 a.m.

10:45 – 11:15 a.m.

2:15 – 2:45 p.m.

MONDAY – MAY 17

* CPR Certification Class

8:30 – 11:00 a.m.

Film “The Role of the Nurse in Infection Control”

2:00 – 2:30 p.m.

TUESDAY – MAY 18

* CPR Certification Class

7:00 – 9:00 p.m.

THURSDAY – MAY 20

General Hosp. Orientation

8:00 a.m. – Noon

1:00 – 3:00 p.m.

Cancer Society 4:00 – 6:00 p.m.

Solano Community College

CNA Interest Group – 6:30 p.m.

Rockville Corners Inn

FRIDAY – MAY 21

Demonstration: “Use of Fire Extinguishers” by Fire Marshall Smith

1:30 – 2:00 p.m.

2:00 – 2:30 p.m.

MONDAY – MAY 24

* CPR Certification Class

9:00 – 11:30 a.m.

THURSDAY – MAY 27

Dept. Head Orientation

8:00 a.m. – Noon

Dietary Inservice

2:00 – 2:45 p.m.

3:15 – 4:00 p.m.

* CPR Certification Class 7-9 p.m.

MONDAY – MAY 31

Memorial Day Holiday

* CPR Certification Class

9:00 – 11:30 a.m.

ADMINISTRATOR

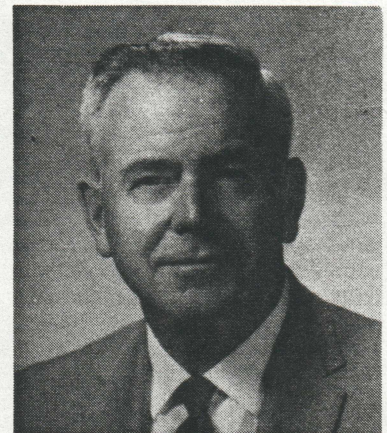
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As Building Fund Pledge Payments continue more employees are becoming members of the Foundation thereby enabling them to take an even more active part in their hospital's future.

The 10th Annual Report of the Organization and Operation of the hospital was presented. This included a report on the progress made on the construction of the new hospital. The Financial Report was presented by Mr. Christiansen and the Annual Guild Report by Grace Ledger, 1975 President.

The Medical Staff had also met and their Officers for the new year are: William H. Peniston, M.D., Chief of Staff; Ronald B. Rushford, M.D., Chief of Staff Elect; and Harold Helbock, M.D., Secretary/Treasurer.

NEW BOARD MEMBERS

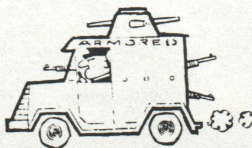


GEORGE TOMASINI
Owner of Young Ins. Agency

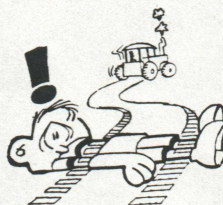


JAMES HOPKINS
Manager of Lloyds Bank

* Prior Registration Required – Contact Nursing Office.



Following the path of least resistance is what makes men and rivers crooked.



There is nothing like a little experience to upset a theory.

MRS. LOU GOINS FETED AT RETIREMENT LUNCHEON . . .

After almost 10 years of faithful service, Mrs. Lou Goins, Business Office Clerk, leaves I.M.H.

Lou was employed as a Nurses' Aide in April 1966. Because of the increase in patient load, insurance programs, and government regulations it was necessary to increase the Main Office Staff and Lou accepted the position as Posting Clerk in April, 1967. She has held the Clerk 3 position for the past five years.

Mrs. Iris Engell, Accounts Rec. Supervisor, stated that she was losing a very vital employee whose duties included working with the public, patients, fellow employees, and various government agencies for a smooth cash flow on inpatients' accounts.

Mrs. Goins is resigning to go into real estate business with her husband, Obie, owner of Action Realtors at 817 Missouri Street in Fairfield. She is a student of the Chamblin Real Estate School and will be taking her exam to become licensed realtor next month.

Lou has two daughters, Rita, a senior at U.C. San Jose, and Connie, a sophomore at West Valley College also in San Jose.

I.M.H. Staff wishes the Goins' success in their business venture. Lou will be missed greatly.

IMH GUILD OPENS NEW THRIFT SHOP . . .

On January 20, 1976 IMH Guild opened the door to their new Thrift Shop at 727 Webster Street. The Shop is open each week on Tuesday, Wednesday and Friday from 10:00 a.m. to 4:00 p.m.

The Guild will need a constant supply of items to keep their Shop stocked and they would appreciate any donations of used clothing, paper back novels, etc. Receipts for Income Tax purposes will be gladly given if requested at the time of your donation.

The Thrift Shop is one of IMH Guild's Out-Service Fund Raiser projects. Last year this project alone earned nearly \$4,000.

PORTRAIT OF LOVE . . .

By Patricia Elmore

I never knew what alone was like until you left my side after a sunshine day of caring... and when the night fell, alone crashed down around me as only my own breathing brought me safely back to this empty room . . . alone. Alone . . . but never lonely because there is you, I count each hour which passes before your hand, your touch, makes us two against the wind.



"Portrait of Love" is a book of poetry and prose written by our talented X-Ray Assistant, Patricia Elmore. She found it impossible to express in summary all the thoughts, words and feelings which have gone into its pages, but feels that "Portrait" itself is a summation of experiences derived from a multitude of people who have been a part of her life. Some have stayed, and some have gone their way, but all have left behind that special something that becomes your own once someone has touched your life deeply in his own unique way.

"Love is painted ever new", is stated in one of Patricia's poems, and she adds that in finding, learning and losing love over her life time it has been rich in the artistic endeavors of its artist. She believes her work has something to say to anyone who might pick it up, read a few of its lines and in retrospect say, "I've felt that way before . . ."

Writing of it comes easy for Patricia who has a way with words, but she feels that getting it on the local book shelf is a different matter. If one day you wander into Urban's and see it in the poetry section, leaf through it . . . If it says something to you, see the lady at the cash register . . . but, if not, just put it back on the shelf, you may not be ready for it. It's a special kind of book for a special kind of people . . . those who have found love, learned to love, and lost love.

CPR . . .

Cardio-Pulmonary Resuscitation

WHAT IS IT?

An easily learned technique by which we may be able to sustain the life of someone whose heart and/or breathing have stopped until more support can arrive.

WHO NEEDS IT?

WE ALL DO! We all have family, friends, neighbors and those we care about who may at some time in their lives need CPR.

WHY SHOULD I CARE?

Because you may be the only one who can save the life of a person in need of CPR.



Ken Kramer demonstrating Mouth-to-Mouth Resuscitation on Resusci Annie.

RESUSCI ANNIE has become an old friend to the many employees at IMH who have taken the CPR classes currently being offered by the Department of In-Service Education, and sponsored by the American Heart Association. Annie is the mannikin on which students practice the techniques of Closed Cardiac Massage and Mouth-to-mouth Resuscitation which form the basis of CPR skill and proficiency.

Several hours of classroom teaching, films, demonstrations and practice comprise the CPR class. It is interesting, enjoyable and there is a great deal of satisfaction in the knowledge that you may be able to save a life, be it your child, spouse, neighbor or a stranger.

Anyone can learn, and we encourage all employees of IMH to spend a few minutes thinking about our loved ones and how we can help sustain their lives, and to take advantage of the classes being offered here at IMH.

Please contact the Department of In-Service Education for more information.



We welcome the following new employees who joined our staff since the last newsletter....

Patricia Garcia, R.N.
Judy Hessberger, R.N.
Violet Bittner, N.A.
Calette Scoville, N.A.
Karen Hoffman, N.A.
Andreau Simpson, R.N.
Janice Roan, N.A.
Betty Shoptaugh, N.A.
Joyce Rhone, Transcriber
Russell Collier, E.R.
Victoria Haltz, Clerk
Salley Mable, Clerk
Dorothy Pratt, L.V.N.
Radica Madhosingh, R.N.
Loretta Baldwin, R.N.
Claire Goodearl, R.N.
Deborah Guinn, R.N.
Carolyn Babich, R.N.
Marinetta Smith, R.N.
John Rodriquez, Housekeeping

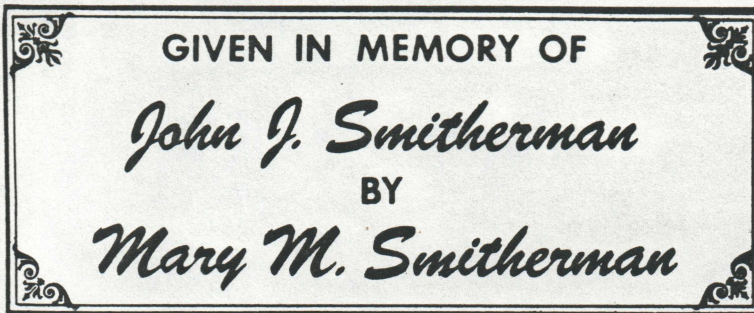


Annie Hutchinson, N.A.
Sylvia Cross, Transcriber

I.M.H. Newsletter Staff

Editor LEAH H. FREY
Assistant Editor . . . NANCY DROYDAL

Chief of Staff William H. Peniston
Administrator Richard Macias, Jr.
Dir. of Nsg. Service. Joan Caudright, R.N.



GIVING THROUGH MEMORIALS . . .

A rewarding, satisfying way to honor the memory of loved ones or friends is to make a donation in their names to your non-profit community hospital. Tributes in modest or large memorial gifts will honor the individual in a lasting and personal way. Every dollar contributed will be applied to the cost of construction and the purchase of new equipment.

You can help build the new Intercommunity Memorial Hospital by choosing one of the memorials to represent your gift if you do not wish to make a pledge.

It is worth noting that any individual who is a resident of the state of California and who donates \$100.00 or more to the Central Solano County Hospital Foundation, a non-profit organization, may become a member of the corporation by submitting an application to the Board of Directors. If the Board approves the application, the individual shall be a member of the corporation with all the privileges and duties as set forth in the Bylaws of the corporation.

We would like to take this opportunity to say a heart-felt "THANK YOU" to all who have donated. All gifts, large and small, are greatly appreciated.

NOTICE & INVITATION TO A FILM

About . . .

AGING & ORGANIC BRAIN SYNDROME, a half-hour color film supplied by McNeil Laboratories co-sponsored by Solano County Mental Health and Solano County Health Departments.

When and Where . . .

TUESDAY, MAY 4th at 1:30 p.m.
Kaiser Hospital, Doctor's Dining Room #1.

TUESDAY, MAY 4th at 4:00 p.m.
J.F. Kennedy Library, Vallejo.

WEDNESDAY, MAY 5th, 12 noon
at Springs Road Center, 1812 Capitol Street, Vallejo.

WEDNESDAY, MAY 5th, 1:30 p.m.
at Intercommunity Memorial Hospital, Fairfield.

WEDNESDAY, MAY 5th, 4:00 p.m.
at Fairfield Community Center in the Club Room.

FRIDAY, MAY 7 at 12 noon at
Fairfield Center, Solano County Mental Health, 1408 Pennsylvania Avenue.

Continuing Education Credit (2 hours) is given for this program. It will include the film, a brochure and a physician will lead the discussion. If you have any questions, please feel free to contact me.

GUY W. GRENNY, M.S.W., Ph.D.
Mental Health Organizational Spec.
Mental Health Services
429-6408



STILL ON EXTENDED
SICKLEAVE . . .
PLEASE GET WELL SOON . . .

Bobbie Dickerson, Unit Clerk
Sue Hasbrook, N.A.
Altie Boyd, N.A.



WE WELCOME BACK THE
FOLLOWING WHO HAVE
RETURNED FROM
SICK LEAVE . . .

Liza Saenz, N.A.
Dorothy Peterson, R.N., O.R. Supervisor